

On Point Nutrition

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Greek Salad

Ingredients

Mediterranean mix from deli e.g. olives, sundried tomatoes, fetta. 1 x large bag green leaf mix (e.g. spinach) or wombok cabbage, lettuce)

Salad dressing

Olive oil Balsamic vinegar Seeded mustard

Method

- 1. Mix all ingredients together in a large bowl.
- 2. Mix dressing ingredients together in a small jar. Add dressing as desired, and enjoy.

